

Newsletter

January 25, 2024 WHAT'S IN THIS NEWSLETTER?

- Updates Sports Update, Nystrom Therapy, Parent Meeting, Valentine's Dances
- Sign-ups Middle School Sports, Lunch Volunteers, Winter Needs Drive
- Profile of the Week Iza Day, Senior Educational Assistant



PARENT-TEACHER CONFERENCES Thursday, February 8 8:30 am-6:30 pm Elementary (K-5) families please sign up for a time with your child's teacher(s).

CONFERENCE SIGN-UP

No appointment needed for secondary conferences. Just stop by to talk to their teachers.

IMPORTANT DATES

Jan 30 - Parent Org Meeting, 6 pm Feb 1 - Neon Day Feb 8 - PT Conferences (NO SCHOOL) Feb 9 - NO SCHOOL Feb 19 - President's Day (NO SCHOOL) Mar 8 - Staff Dev (NO SCHOOL) Mar 22-29 - Spring Break (NO SCHOOL) K-8 FEBRUARY LUNCH MENU

9-12 FEBRUARY LUNCH MENU



PARENT MTG - TUESDAY, JAN 30!

All parents are invited to the Parent Organization Meeting at 6:00pm on Tuesday, January 30, 2024! At FIT Academy, we want to hear from our parents. During this meeting, we will provide an update about our facilities, high school curriculum, and event planning for Spring events.

Colleen Elvin, Fire Inspector for Apple Valley, will join us to tell parents about the Fire Explorers Program for 9-12th graders.

NYSTROM THERAPY & SEAC Meeting

We are excited to announce that Mary Justin from Nystrom & Associates will be at FIT 5 days a week to help students with their social-emotional needs through school-based therapy. **To learn more, please attend the SEAC** (Special Education Advisory Council) **meeting on January 30 from 5-5:30 pm** or contact our Director of Educational Services, Molly Hunholz. Mary Justin will lead this discussion and will be available to talk to parents.





BASKETBALL 23-24 SEASON

The 5/6 middle school co-ed team is 3-2 this season! January 31 they play Groves Academy in St. Louis Park. Tip off is 5:30.

The JV boy's basketball team lost last Friday to Higher Ground Academy to fall to 0-4 on the season. The team looks to get into the win column when they travel to Eagle Ridge Academy for a one day tournament on Saturday, February 3. The Tigers will play three games with opponents and times yet to be determined. Once information is received, we will pass that on to you.



SPORTS SIGN-UP

The Middle School spring sports registration form has been emailed out to parents in grades 5-8. Sports to choose from are co-ed volleyball, co-ed golf and co-ed flag football.

Registrations and fees are due into the main office by Monday, February 12. Coaches will contact athletes and parents about practice days and times. Schedules will not be available until the end of February.

The High Sports spring sports registration form will not be available until the week of January 29.

MS SPRING SPORTS SIGN-UP



FEBRUARY 1 - NEON DAY!

We GLOW crazy for Reading! Show how bright your love of reading is by wearing NEON! The reading fun continues in the classroom with glow bracelets and finger flashlights that the school will provide.

The month of February is "I Love to Read Month!" We will have special events throughout the month to encourage our students to love reading.

PROFILE OF THE WEEK Iza Day, Senior Educational Assistant

"I start my day by saying 'Good Morning!' to our bus drivers and students arriving at school." As senior educational assistant and also a substitute teacher, Ms. Iza Day spends each day with high schoolers, especially 10th grade-reinforcing lessons presented by a teacher in a small group or on an individual basis. She provides any extra support needed to our students at the direction of our teachers.

"I love working with young people, getting to know them, and together figuring out what is the best way for them to be successful and to be lifelong learners."

Originally from Warsaw, Poland, Ms. Day has now lived in MN for 20 years with her husband and 3 children. She loves spending time with her family, hiking, taking road trips around the U.S. and traveling back to Europe to visit and explore. "I also have a deep appreciation for arts and crafts. I love painting and creating in my free time. I enjoy music and nature, creating a small pollinator's garden in the spring, and caring for my animals (2 dogs and 3 cats)."

"I've always appreciated working and being around people. I finished my degree in pedagogy,

specializing in social work, in Poland. I have worked in multiple settings with people of all ages,



and I realized that working in a school environment is one of the most fulfilling experiences. I've learned so much at FIT, and I'm forever grateful for this opportunity and the trust put in me with your students."

Iza, thank you for your investment in our students!



Young Rembrandts

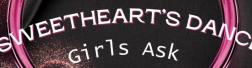
YOUNG REMBRANDTS ART CLASS

This winter, Young Rembrandts artists are in for a treat with a lineup of **ALL NEW drawing lessons at FIT Academy, starting Thursday, February 15th**, after school. From a vibrant pop art dog to fascinating art history and a powerful unicorn, there's so much to learn and love. We prioritize proper technique and excellent color selection in every lesson. Your child will not only enhance their skills but also have a blast personalizing cool drawings like soccer players, and robots. Beginners friendly.

Additional information on cost and registration will be provided in next week's newsletter. For questions, please email Mr. Vang at: mvang@fitacademymn.org.



FIT ACADEMY STUDENT COUNCIL PRESENTS:



Valentine's Day Party Edition

FOOD & DRINKS, DANCE, PARTY



DJ HALAMA- EMAIL REQUESTS AHEAD OF TIME

Grades 6-8: 5-6:30pm \$5 Grades 9-12: 7-8:30pm \$10



\$5

BRING EXTRA MONEY FOR

SNACKS

JUST A FEW THINGS STILL NEEDED!

Check out the **updated list** to see what is still needed! You are welcome to donate new or used clothing; but **we need specific items in specific sizes** so please click the button to see how you can help!

DONATE TO WINTER NEEDS DRIVE



LUNCH VOLUNTEERS!

We would love for you to volunteer in our lunch room! It's a fun way to connect with your kids and other students. You will help students open milk and lunch items as well as clean the tables after each lunch period. Click to sign up!



HEALTH REMINDER

We want to remind parents to keep your children home from school when they are ill. As a refresher, school policy requires students to stay at home if they have had a fever or vomitted in the last 24 hours.



AFTER-SCHOOL CARE

We offer after-school care again this year from 2:45 pm to 5:00 pm. Open to students in grades K-5. You must enroll by Wednesday, if you plan to use after school care the following week. If you have questions, please email Jen Iten at jiten@fitacademymn.org.

SIGN UP TO VOLUNTEER

REGISTRATION FORM





Would you considered leaving our school a review? Your perspective could be helpful in leading other families to our school. Just click above! We want to invite everyone to join our 2 Facebook groups! FIT Academy FIT Academy Families

FIT Academy Charter School | 7200 147th Street W., Apple Valley, MN 55124

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